February 2012
Market Day®

Your Monthly Food Fundraiser

Help your school and feed your family. Order at marketday.com.

SATISFACTION 877-632-7753 100% GREAT QUALITY GREAT CAUSE GUARANTEE

4098 Steakhouse Onion Rings
Steakhouse style. Crispy right from the oven.
2 lbs./~~$8.29~~ **$7.79**
71¢ per serving

3455 Cheese Pizza Eat-zzas™
Individual deep-dish style pizza. 6-5 inch/~~$9.39~~ **$8.39**

4660 Pineapple Upside Down Cake
Buttery caramel glaze. Individually wrapped.
4-4.9 oz./~~$10.69~~ **$9.69**

1226 Bacon Wrapped Pork Tournedos
Moist filets wrapped with mild pepper bacon.
6-4 oz./~~$13.59~~ **$12.59**

4048 Egg Rolls with Sauce
Hand rolled with pork & veggies. Includes sauce.
24-1.5 oz. egg rolls/3 sauce packets/~~$15.49~~ **$14.49**
61¢ each

3108 Chicken Fries
Tastes like crispy fried chicken. Precooked.
96-120 pieces/3 lb. resealable bag/~~$15.99~~ **$14.99**
$1.00 per serving

7792 Home-Style Biscuit Dough
Fluffy,golden brown homemade biscuits.
22-24 pieces/3.75 lbs./~~$9.59~~ **$8.59**
40¢ per serving

NEW!

2178 Lemon Parmesan Salmon
Atlantic Salmon with a delicious & delicate Parmesan & lemon seasoning. Perfectly portioned. Individually wrapped. 4-5 oz./$18.49

NEW!

4120 Three Cheese Mini Pizza Bagels
Whole grain bagels topped with real mozzarella, Cheddar, & Monterey Jack. 36 bagels/$11.59

NEW!

3168 Hickory Smoked BBQ Chicken
Boneless chunks of chicken, slow-smoked and in an authentic BBQ sauce. Tangy and sweet with a hint of spice. Perfect heat and eat meal. 2-1 lb. bags/$11.99

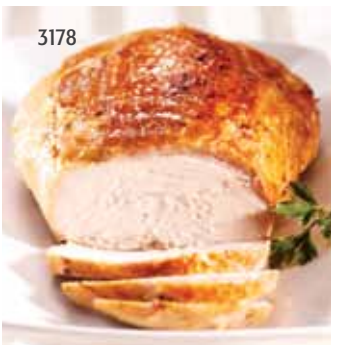
GET BOTH FREE

See page 10 for details

FREE Cookie Dough Cups
with $40 purchase

PLUS

FREE Chicken Gems
w/$90 online purchase
Promo Code: FEBBONUS



▲Taste For Health®

Try these delicious better-for-you selections. All items contain no more than 300 calories, 10g total fat and 600mg sodium.

7135 Cheese Lasagna Rollups ▲
A trio of Italian cheeses tucked in a lasagna noodle. Top with your favorite sauce and bake whenever the craving strikes. All natural. 12-2.75 oz./~~$12.99~~ **$11.99**

1108 Whole Pork Tenderloins ▲
Don't wait for Sunday to serve this tantalizing favorite. Naturally lean yet lavish on flavor. Ready to cook.
2-3 pieces/2.25 lbs./~~$15.69~~ **$14.69**

8150 Kyoto Blend ▲ 95¢ per serving
A healthy blend of edamame (fresh green baby soy beans), diced red peppers, corn, carrots and broccoli. Rich in fiber and amino acids. 2 lb. resealable bag/~~$9.99~~ **$9.49**

1037 Stuffed Chicken Roast ▲
Save room for seconds when you serve our juicy tender white chicken roast fully loaded with cranberry and sage bread stuffing. 2.5 lbs./~~$18.99~~ **$17.99**

3178 Oven Ready Boneless Turkey Breast ▲
Lean and healthy. Delicious and easy. Freezer to oven in self basting bag so it's never dry. All white meat, boneless.
4-6 lbs.* @ ~~$5.19~~ **$4.99 per lb.**

5157 Mini Cheese Omelets ▲ 80¢ each
Low fat omelets filled with cheddar cheese. They heat up light and fluffy from the microwave. 12-2 oz./~~$9.99~~ **$9.49**

2074 Tilapia Fillets ▲
Featured in many restaurants. Buttery, mild white fillets. Flash frozen freshness and individually wrapped convenience. All natural. 5-8 fillets/1.5 lbs./~~$13.79~~ **$12.79**

8143 Yin Yang Vegetable Blend ▲
This Asian-inspired blend of colorful, crunchy vegetables is ideal for stir frys, salads or a quick, easy side dish.
2 lbs./~~$9.29~~ **$8.79**

8116 Tropicana® Orange Juice Singles ▲ 63¢ each
Become a morning person instantly with 100% Pure Premium® taste. 8 oz. of liquid sunshine to charge your day. Straw included. No pulp.
24-8 oz. cartons/~~$15.49~~ **$14.99**

3409 Pepperidge Farm® Giant Cinnamon Goldfish® Grahams ▲ 30¢ each
Reel in the fun with crispy cinnamon cookies shaped like giant Goldfish®. A kid favorite. Packaged to be the perfect lunch box treat. 25-.9 oz. pouches/~~$7.99~~ **$7.49**

4694 Mashed Potato Patties ▲ 71¢ per serving
Enjoy potatoes any which way! Sizzle up in your skillet for a crispy side or microwave then mash for fluffy peaks in no time. 12-3 oz./resealable bag/~~$8.99~~ **$8.49**

3193 Turkey Sausage Links ▲ 70¢ per serving
Fool your tastebuds with this quick and healthier version! Skillet-made taste in under 2 minutes! Fully cooked and browned. 40 links/2 lb. resealable bag/~~$9.49~~ **$8.99**

OVER 75 ▲TASTE FOR HEALTH® SELECTIONS EACH MONTH ON MARKETDAY.COM

▲Taste for Health® Market Day Naturals®

KEEP YOUR COOKIE JAR FULL

The more you buy, the more you save*.

Buy 2, Save $1 | Buy 3, Save $3 | Buy 4+, Save $5

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5240 Chocolate Chunk Cookie Dough
Enjoy hot from the oven any time. Loaded with chunks of creamy chocolate for a warm chewy taste when you crave it. 48-.9 oz./$14.50

5241 Chocolate Mint Chip Cookie Dough
A gourmet twist on the classic chocolate mint cookie. Chocolate cookie dough studded with creamy mint chips. 48-.9 oz./$14.50

5242 Lemon Cooler Cookie Dough
Nothing could be cooler. The refreshing tang of lemon and the creaminess of white chocolate chips combine for a gourmet cookie delight. 48-.9 oz./$14.50

5243 M&M® Cookie Dough
America's favorite chocolate candies mixed in a sweet golden dough. A colorful, rich 'n chewy crowd pleaser fast from your oven. 48-.9 oz./$14.50

5244 Oatmeal Raisin Cookie Dough
Raisin' the bar on chewy cookies. A wholesome classic with a whirlwind of plump raisins, country-style rolled oats & fragrant cinnamon. 48-.9 oz./$14.50

5245 Peanut Butter Cookie Dough
Homemade taste without the hassle. Yummy peanut butter dough chock full of creamy peanut butter chips for layers of flavor. 48-.9 oz./$14.50

5246 Snickerdoodle Cookie Dough
An irresistible and aromatic cookie that captures the cinnamon-sugary flavor of your favorite childhood toast in ready to bake scoops. 48-.9 oz./$14.50

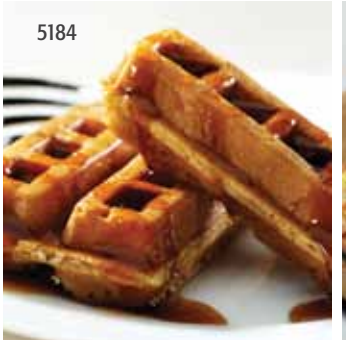
5247 Sugar Free Chocolate Chip Cookie Dough
Sneak in a sugar-free treat. Guilt-free, mess-free and loaded with excuses to indulge, our buttery-sweet cookie doesn't skimp on chips. 48-.9 oz./$14.50

5248 White Chocolate Macadamia Nut Cookie Dough
Impeccable choice for the ultimate cookie connoisseur. White chocolate and lip smackin' gourmet macadamia nuts in a rich dough. 48-.9 oz./$14.50

Delicious. Convenient. No scooping required.

All selections are pre-portioned for easy baking. From freezer to oven to tummy in no time.

*Limit 1 qualifying offer per customer. Not valid at Market Day/Sara Lee stores or on Peapod orders. Savings will automatically be applied to your order with qualifying purchase. Prices valid for sale dates 1/29/12-2/25/12. Promotions and programs are subject to change or termination at any time without notice. All products may contain traces of nuts and tree nuts.



Smart Start Breakfast

Put down the cereal and start your day off right with one of these delicious breakfast options.

5169 Cinnamon Crunch French Toast Bites
For brunch in a crunch or breakfast fast. Gooey cinnamon inside mini sized pieces of French toast. Sprinkled with cinnamon. 44-48 sticks/2 lbs./~~$9.99~~ **$9.49**

2281 Breakfast Pizzas
Fast and easy, extra cheesy. Golden scrambled eggs, sausage, bacon, cheddar and mozzarella cheeses on a chewy pizza crust. 6-6 inch pizzas/~~$12.29~~ **$11.79**

5091 Microwave Pancakes 61¢ per serving
Wake up and smell the pancakes. A light 'n fluffy short stack that's not short on flavor. Top with butter and your favorite syrup. 18-3 packs/3.75 in. dia./3 lbs./~~$11.39~~ **$10.89**

5119 Breakfast Casserole
Brunch in a crunch! A fluffy blend of real eggs, snappy cheese, zesty peppers and smoky ham over a layer of shredded potatoes. 2-1.5 lb. trays/~~$13.69~~ **$12.69**

5086 Cinnamon Scones 91¢ each
Delicious, traditional style cinnamon scones make the perfect grab and go breakfast or snack. Individually wrapped. Microwaveable. 12-2.5 oz./~~$11.39~~ **$10.89**

5044 Ham, Egg White, Cheese English Muffin
Delight your taste buds with this high protein breakfast sandwich. A quick start to a great day. Individually wrapped and microwavable. 6-4 oz./~~$10.69~~ **$10.19**

5117 Breakfast Quesadillas
Add Southwest sizzle to your morning without touching the griddle. Cheddar, scrambled eggs and bacon between two flour tortillas. 8-3.75 oz./~~$14.29~~ **$13.29**

5184 Waffle Sticks - Maple
No mess prep. Maple flavored. Each great tasting serving has 16 grams whole grains and is a good source of fiber. Individually wrapped. 12-2.33 oz./~~$11.99~~ **$11.49**

5076 Supreme Breakfast Pizza
A breakfast pizza topped with creamy sauce, eggs, ham, bacon, onions, peppers and a three-cheese blend. 2-12 inch/~~$14.99~~ **$13.99**

5160 Chocolate Chip Mini Pancakes 71¢ per serving
Part of a chocoholic's complete healthy breakfast. Loads of real chocolate chips in every golden fluffy silver dollar sized pancakes. 2-48 packs/1.65 lbs./~~$11.79~~ **$11.29**

5053 Cherry & Cheese Blintzes 95¢ per serving
An ultra thin, hand-rolled classic crepe shell with real cherries and a creamy, rich cheese filling that's ready to enjoy in 1 minute. 10-2.25 oz./~~$9.99~~ **$9.49**

5003 Bacon Quiche
A flaky crust filled with an airy mix of egg, Swiss cheese, cream, crispy bacon and hint of onion. Just bake & serve. 10 inch/2.375 lbs./~~$10.79~~ **$10.29**

Microwaveable **Quick Cook**

Market Day®

COMPLETE ITEM LIST FOR FEBRUARY 2012

Order @ marketday.com OR Return sheet to your organization.
Prices valid for sale dates 1/29/12 – 2/25/12

MEATS

___ **1264 MIXED GRILL**
4-1/4 lb Patties, 4-ChicNSteakes, 4-Boneless Pork Chops/$17.99

BEEF

PICTURED – SAVE UP TO $1.00

___ **1113 BEEF STEW MEAT P. 8**
3-1 lb. pkg./~~$19.49~~ **$18.49**

___ **1023 1/4 LB. BEEF PATTIES**
20-4 oz./$19.99

___ **1204 BACON WRAPPED RANCH STEAKS®**
Pepper bacon kicks up the flavor of this sirloin.
6-5 oz./$17.99

___ **1061 BEEF BRISKET WITH SAUCE**
Slow cooked. Long on flavor.
1.5 lbs./$12.99

___ **1054 FRENCH DIP**
2-2 lb. tubs/$16.69

___ **1122 FULLY COOKED POT ROAST**
2.25 lbs./$16.69

___ **1245 GROUND BEEF - TRIAL SIZE**
2-1 lb. pkg./$10.39

___ **1058 GROUND BEEF - 4 LBS.** NOW IN 2 SIZES!
4-1 lb. pkg./$18.49

___ **7630 HEARTY BEEF STEW**
2.25 lb. bag/$13.59

___ **1096 HOME-STYLE GRAVY & BEEF TIPS**
Beef and mushrooms in a beef gravy.
2.5 lb. pouch/$15.29

___ **1215 ITALIAN STYLE MEATBALLS**
59-71 pieces/3 lb. resealable bag/$13.99

___ **3159 MARINATED SIRLOIN ROAST**
2.25 lbs./$19.99

___ **7058 MEAT LOAF SLICES**
Hearty homestyle taste, individual slices.
8-3.5 oz./$11.69

___ **1131 RANCH STEAKS®**
Boneless center-cut steaks, trimmed lean.
6-5 oz./$17.99

___ **1280 WHOLE BEEF FLAT IRON**
100% USDA choice beef. Juicy and flavorful.
16 oz./$11.99

PORK

PICTURED – SAVE UP TO $1.00

___ **1226 BCN WRAP PORK TOURNEDOS P. 1**
6-4 oz./~~$13.59~~ **$12.59**

___ **1202 BBQ PULLED PORK P. 8**
2-1.5 lb. tubs/~~$16.69~~ **$15.69**

___ **1316 STUFFED PORK CHOPS P. 8**
4-8 oz./~~$15.29~~ **$14.29**

___ **1108 WHOLE PORK TENDERLOINS P. 2**
2-3 pieces/2.25 lbs./~~$15.69~~ **$14.69**

___ **1318 BONELESS PORK CHOPS**
6-5 oz./$13.29

___ **7050 BONELESS PORK RIBLETS**
36-37 pieces/1.75 lbs./$13.29

___ **1250 FULLY COOK BB RIBS WITH SAUCE**
1 slab/1.65 lbs./$16.59

___ **1144 PETITE BONELESS SLICED HAM**
97% fat free. 2.5 lbs./$16.49

___ **3177 RACK OF PORK ROAST**
A customer favorite!
2.5-3 lbs.* @ $6.19 per lb.

___ **1460 SPIRAL SLICED HAM**
14.5-18 lbs.* @ $3.21 per lb.

___ **1192 STUFFED PORK ROAST**
Pork loin with herb and apple sage stuffing.
3 lbs./$16.69

POULTRY

PICTURED – SAVE UP TO $1.00

___ **3141 ARTCHK PARM STUFF CHIC BRST P. 8**
4-5 oz./~~$12.49~~ **$11.99**

___ **3168 HICKORY SMOKED BBQ CHICKEN P. 1**
2-1 lb. bags/$11.99 NEW

___ **3156 BROC & CHEES STUFF CHICKEN P. 8**
8-6 oz./~~$16.99~~ **$15.99**

___ **7054 CHICKEN & DUMPLINGS P. 8**
2.5 lb. pouch/~~$11.99~~ **$11.49**

___ **3108 CHICKEN FRIES P. 1**
96-120 pieces/3 lb. resealable bag/~~$15.99~~ **$14.99**

___ **3073 ORIENTAL STYLE CHIC W/SCE P. 8**
2 lbs. w/2-4 oz. sauce packets/~~$13.79~~ **$12.79**

___ **3178 OVEN RDY BONLSS TRKY BRST P. 2**
4-6 lbs.* @ ~~$5.19~~ **$4.99 per lb.**

___ **1037 STUFFED CHICKEN ROAST P. 2**
2.5 lbs./~~$18.99~~ **$17.99**

___ **3193 TURKEY SAUSAGE LINKS P. 2**
40-.8 oz./~~$9.49~~ **$8.99**

___ **3208 ASIAN STYLE NO BONZ CHIC BOWL**
4-5 oz. microwaveable bowls/$11.99

___ **3171 BREAD CHICKEN BREAST PATTIES**
15-17 pieces/3 lbs./$15.39

___ **3048 CHICKEN CORDON BLEU**
8-6 oz./$16.99

___ **3027 CHICKEN GEMS®**
3 lb. resealable bag/$14.99

___ **3033 CHICKEN NUGGETS**
62-72 pieces/3 lb. resealable bag/$14.89

___ **3103 CHICKEN PARMESAN PATTIES**
8-3.55 oz./$14.99

___ **7138 CHICKEN POT PIE**
2.5 lbs./$11.49

___ **7091 CHICKEN STIR-FRY KIT**
4-6 servings/2.4 lbs./$15.99

___ **3070 CHICKEN TENDERS**
2 lb. resealable bag/$15.89

___ **3146 CHICNSTEAKES - TRIAL SIZE**
4-4 oz./$6.29

___ **3069 CHICNSTEAKES - 12 PK** NOW IN 2 SIZES!
12-4 oz./$15.89

___ **3091 CRÈME BRIE STUFFED CHICK BREAST**
4-6 oz./$13.49

___ **3173 DICED CHICKEN TENDERLOINS**
2-1 lb. bags/$14.99

___ **3151 FULLY COOK BUFFALO CHIC BITES**
2 lb. resealable bag/$14.99

___ **3153 GENERAL TSO'S CHICKEN**
4-10 oz. trays/$12.99

___ **3136 HONEY BBQ CHICKEN TENDERS**
2 lb. resealable bag/$14.99

___ **7170 INDIVIDUAL CHICKEN POT PIES**
4-10 oz. trays/$10.99

___ **3218 LEMON PEPPER CHICNSTEAKES**
8-4 oz./$12.89

___ **3184 NAKED BROC & CHEESE STUFF CHIC**
4-5 oz./$11.59

___ **3190 NAKED CORDON BLEU STUFF CHIC**
4-5 oz./$11.99

___ **3174 NKED MSHROOM & CHEES STUF CHIC**
4-5 oz./$11.99

___ **3167 NO BONZ BUFFALO CHICKEN BOWL**
4-5 oz. microwaveable bowls/$11.99

___ **7175 ORANGE CHIC W/VEGGI FRIED RICE**
13 oz. tempura chicken/29 oz. vegetable fried rice/10 oz. sauce/$14.59

___ **3158 POPCORN CHICKEN**
2 lb. resealable bag/$11.99

___ **3164 SEASONED CHICK BREAST STRIPS**
2 lb. resealable bag/$15.69

___ **3072 TERIYAKI CHICNSTEAKES**
Skinless, boneless, marinated chicken breasts.
8-4 oz./$12.89

SEAFOOD

PICTURED – SAVE UP TO $1.00

___ **2081 BREADED FISH SQUARES P. 7**
5-8 pieces/21 oz./~~$11.99~~ **$11.49**

___ **2141 GARLIC & HERB SHRIMP P. 7**
51-60 per lb./1 lb./~~$15.99~~ **$14.99**

___ **2041 GOURMET STUFFED FLOUNDER P. 7**
6-5 oz. fillets/~~$20.69~~ **$19.69**

___ **2117 BATTERED ALASKA COD P. 7**
2-12 oz. bags/~~$10.89~~ **$10.39**

___ **2189 KRISPY KRUNCHY COD P. 7**
9-3.6 oz./~~$14.29~~ **$13.29**

___ **2086 LARGE SHRIMP P. 7**
31-40 per lb./1 lb./~~$15.49~~ **$14.49**

___ **2178 LEMON PARMESAN SALMON P. 1**
4-5 oz./$18.49 NEW

___ **2129 OVN RDY BRD COCONT SHRMP P. 7**
31-37 pieces/1.5 lbs./~~$15.99~~ **$14.99**

___ **2405 OVEN-RDY BUTTERFLY SHRMP P. 7**
18-25 per lb./2 lbs./~~$17.99~~ **$16.99**

___ **2017 POTATO ENCRUSTED POLLOCK P. 7**
6-4 oz./~~$11.89~~ **$11.39**

___ **2074 TILAPIA FILLETS P. 2,10**
5-8 fillets/1.5 lbs./~~$13.79~~ **$12.79**

___ **2113 BREADED FISH NUGGETS**
2-12 oz. bags/$12.99

___ **2145 CRAB CAKES**
8-2 oz./$14.99

___ **2125 HADDOCK FILLETS**
6-4 oz./$17.49

___ **2090 JUMBO PARTY SHRIMP W/SAUCE**
26-30 per lb./1 lb./$16.79

___ **2014 LEMN PEPR BRD HADDOCK FILLETS**
1.5 lbs/$15.69

___ **2171 PREMIER POPCORN SHRIMP**
67-98 pieces/1.5 lbs./$9.69

___ **2050 SEASONED SALMON**
4-5 oz./$18.49

___ **2082 WILD ALASKAN GRILLED SALMON**
6-4 oz. fillets/$16.79

BREAKFAST

PICTURED – SAVE UP TO $1.00

___ **5003 BACON QUICHE P. 4**
10 inch/2.375 lbs./~~$10.79~~ **$10.29**

___ **5119 BREAKFAST CASSEROLE P. 4**
2-1.5 lb. trays/~~$13.69~~ **$12.69**

___ **2281 BREAKFAST PIZZAS P. 4**
6-6 inch pizzas/~~$12.29~~ **$11.79**

___ **5117 BREAKFAST QUESADILLAS P. 4**
8-3.75 oz./~~$14.29~~ **$13.29**

___ **5053 CHERRY & CHEESE BLINTZES P. 4**
10-2.25 oz./~~$9.99~~ **$9.49**

___ **5160 CHOCO CHIP MINI PANCAKES P. 4**
2-48 packs/1.65 lbs./~~$11.79~~ **$11.29**

___ **5169 CINN CRNCH FRNCH TST BITES P. 4**
44-48 sticks/2 lbs./~~$9.99~~ **$9.49**

___ **5086 CINNAMON SCONES P. 4**
12-2.5 oz./~~$11.39~~ **$10.89**

___ **5044 HAM, EGG WHT, CHEES ENG MUFF P. 4**
6-4 oz./~~$10.69~~ **$10.19**

___ **5091 MICROWAVE PANCAKES P. 4**
18-3 packs/3.75 in. dia./3 lbs./~~$11.39~~ **$10.89**

___ **5157 MINI CHEESE OMELETS P. 2**
12-2 oz./~~$9.99~~ **$9.49**

___ **5076 SUPREME BREAKFAST PIZZA P. 4**
2-12 inch/~~$14.99~~ **$13.99**

___ **5184 WAFFLE STICKS - MAPLE P. 4**
12-2.33 oz./~~$11.99~~ **$11.49**

___ **5171 APPLE BERRY BREAKFAST BOWL**
4-5.8 oz. bowls/$9.29

___ **5131 FRENCH TOAST STICKS**
43-45 sticks/2.5 lbs./$8.99

___ **4068 FULLY COOKED BACON SLICES**
40 slices/$15.69

___ **5092 GOURMET CINNAMON ROLLS**
12-3 oz. rolls & 12 icing packs/$10.99

___ **5022 MINI DONUTS W/CINN SUGAR KIT**
6-6 donuts/6 cinnamon sugar packets/ 6 shaker bags/$10.99

___ **4079 OATMEAL WITH MIXED BERRIES**
8-6 oz./$10.49

___ **5094 ULTIMATE BREAKFAST COOKIE**
12-2.2 oz./$10.49

SIDE DISHES

PICTURED – SAVE UP TO $1.00

___ **8189 BAJA ROASTED CORN BLEND P. 10**
2 lb. resealable bag/$8.99

___ **4261 FIVE CHEESE GARLIC TOAST P. 8**
16 slices/~~$7.49~~ **$6.99**

___ **7792 HOME-STYLE BISCUIT DOUGH P. 1**
22-24 pieces/3.75 lbs./~~$9.59~~ **$8.59**

___ **8150 KYOTO BLEND P. 2**
2 lb. resealable bag/~~$9.99~~ **$9.49**

___ **4694 MASHED POTATO PATTIES P. 2**
12-3 oz./resealable bag/~~$8.99~~ **$8.49**

___ **4098 STEAKHOUSE ONION RINGS P. 1**
2 lbs./~~$8.29~~ **$7.79**

___ **4250 SWEET POTATO MEDLEY P. 8**
1.5 lb. resealable bag/~~$10.49~~ **$9.99**

___ **8143 YIN YANG VEGETABLE BLEND P. 2**
2 lbs./~~$9.29~~ **$8.79**

___ **8205 9 GRAIN ORZO BLEND**
1.5 lb. resealable bag/$8.99

___ **8130 ASPARAGUS SPEARS**
2-1.1 lb. bags/$12.49

___ **8175 BABY BAKED POTATOES**
2 lb. resealable bag/$10.99

___ **2245 BOSCO® BREADSTICKS**
18-3.1 oz./$14.89

___ **4688 BROCCOLI FLORETS**
2-2 lb. resealable bags/$10.29

___ **8162 "EXTRA YOUNG" TINY PEAS**
2-2 lb. resealable bags/$10.69

___ **7782 FRENCH BREADSTICKS**
20-1.5 oz./$10.29

___ **8168 GOURMET GREEN BEANS**
2-2 lb. resealable bags/$11.29

___ **4296 LONG GRAIN & WILD RICE MEDLEY**
2/1 lb./$8.29

___ **8188 MANDARIN CITRUS BLEND**
2-1lb. bags/$9.29

___ **8174 NANTUCKET ISLAND BLEND**
2 lb. bag/$8.29

___ **7787 PRALINE SWT POTATO CASSEROLE**
2 lb. tray/$9.59

___ **4680 QUICK 'N' CRISPY FRENCH FRIES**
2.5 lb. resealable bag/$8.99

___ **8180 SUPERSWEET CORN**
2-2 lb. resealable bags/$9.99

*Total price based on actual weight.

___ **4615 SWEET CORN CASSEROLE**
2 lb. tray/$9.99

___ **4281 SWEET POTATO FRIES**
2-1 lb. bags/$9.49

___ **7763 VEGETABLE FRIED RICE**
2-1 lb. rice & sauce/$9.29

___ **8169 YUKON GOLD POTATO & VEG BLEND**
2 lbs./$7.99

APPETIZERS

PICTURED – SAVE UP TO $1.00

___ **4030 BUFFALO CHICKEN STICKS P. 8**
2.5 lbs/approx. 40 sticks/~~$13.79~~ **$12.79**

___ **4048 EGG ROLLS WITH SAUCE P. 1**
24-1.5 oz. egg rolls/3 sce packets/~~$15.49~~ **$14.49**

___ **4120 3 CHEESE MINI PIZZA BAGELS P. 1**
36 bagels/$11.59 NEW

___ **4058 STUF SHRP W/MNTRY JACK CHEES P. 7**
2-12 oz. bags/~~$14.39~~ **$13.39**

___ **4042 BREAD MOZZARELLA STICK W/SCE**
35-45 stcks/6 sce packts/3.25 lbs./$14.39

___ **7851 LI'L BAGEL DOGS**
28-32 pieces/1.25 lbs./$10.49

___ **4067 MINI CHICK CORDON BLEU BITES**
31-33 pieces/2 lbs./$12.99

___ **6020 POTATO SKINS**
Approx. 15 pieces/1 lb./$8.99

___ **4108 STUFFED APPETIZER BREAD**
With mozzarella and pepperoni.
2-22 oz. loaves/$13.39

PIZZA & PASTA

PICTURED – SAVE UP TO $1.00

___ **7148 BAKED MANICOTTI P. 7**
6 manicotti/2.18 lb. tray/~~$10.79~~ **$10.29**

___ **7135 CHEESE LASAGNA ROLLUPS P. 2**
12-2.75 oz./~~$12.99~~ **$11.99**

___ **3455 CHEESE PIZZA EAT-ZZAS™ P. 1**
6-5 inch/~~$9.39~~ **$8.39**

___ **7076 STUFFED EGGPLANT P. 7**
8-3.5 oz. pcs./~~$10.69~~ **$10.19**

___ **7081 CHEESE PIZZAS**
3-12 inch/$13.99

___ **4291 CHEESE RAVIOLI**
100 ravioli/3 lbs./$10.99

___ **4608 EASY SERVE MAC & CHEESE BY KRAFT®**
Classic "blue box" flavor. Ready to serve.
8-7 oz. packages/$11.59

___ **7068 MARGHERITA FLATBREAD**
Tomatoes & mozzarella atop a cracker-thin crust. 12.75 oz./$7.79

___ **4035 MEDITERRANEAN PIZZAS**
Spinach, tomatoes, mozzarella & feta.
2-7x9 inch/$9.99

___ **3456 PEPPERONI PIZZA EAT-ZZAS™**
6-5 inch/$9.99

___ **7088 PEPPERONI THIN CRUST PIZZA**
3-12 inch/$14.99

___ **7847 STUF RIGATNI W/ITALIAN SAUSAGE**
4-10 oz. trays/$15.99

___ **7816 TACO PIZZA**
Ground beef, bean dip, and taco seasonings.
2-12 inch pizzas/$10.99

___ **4026 TUSCAN CHICKEN FLATBREAD**
Grilled chicken, pesto and vegetable flatbread.
11 oz./$7.99

SOUP & SANDWICHES

PICTURED – SAVE UP TO $1.00

___ **3434 PB&J SQUAREWICHES® P. 9**
8-2.7 oz./~~$9.99~~ **$9.49**

___ **7007 PHILLY CHEESE STEAK KIT P. 8**
4 sandwiches/2.63 lbs./~~$13.99~~ **$12.99**

___ **7065 SMK HAM & PRVLN PRTZL SND P. 9**
6-5.8 oz./~~$15.29~~ **$14.29**

___ **7168 BROCCOLI & CHEDDAR SOUP**
32 oz. pouch/$10.89

___ **7151 CHEESY BAKED POTATO SOUP**
32 oz. pouch/$10.69

___ **6153 CHOP HOUSE® CHEESEBURGERS**
6-4.8 oz./$12.79

___ **7163 ITALIAN WEDDING SOUP**
32 oz. pouch/yields 64 oz./$10.69

___ **7204 LOBSTER BISQUE**
32 oz. pouch/$11.29

___ **7181 ROAST STEAK & BARLEY SOUP**
32 oz. pouch/$10.99

___ **7165 TOMATO BASIL RAVIOLINI SOUP**
Condensed. 32 oz./yields 64 oz./$11.99

___ **7173 TURKEY & CHEESE PRETZEL SAND**
6-5 oz./$15.39

___ **7057 TURKEY CHILI**
32 oz. pouch/$11.99

___ **7021 UNO'S® PEPPERONI TASTEFULLS™**
6-4 oz. individually wrapped/$11.99

DESSERTS

PICTURED – SAVE UP TO $1.00

___ **4910 APPLE BLOSSOMS® P. 8**
8-4 oz./~~$12.59~~ **$11.59**

___ **7680 CHOCO-CHOCO CHIP CAKES P. 9**
12-2 oz. individual cakes/~~$11.69~~ **$11.19**

___ **5240 CHOCO CHUNK COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **5241 CHOC MINT CHIP COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **5242 LEMON COOLER COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **5243 M&M® COOKIE DOUGH P. 3**
48-.9 oz./$14.50

___ **5244 OATMEAL RAISIN COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **5245 PEANUT BUTTER COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **4660 PINEAPPLE UPSIDE DOWN CKE P. 1**
4-4.9 oz./~~$10.69~~ **$9.69**

___ **5246 SNICKERDOODLE COOKIE DGH P. 3**
48-.9 oz./$14.50

___ **5247 SGR FREE CHOCOLATE CHIP CD P. 3**
48-.9 oz./$14.50

___ **5248 WHT CHOC MACDMIA NUT CD P. 3**
48-.9 oz./$14.50

___ **4623 APPLE DEEP DISH PIE**
10 inch/$12.00

___ **4809 CHOCOLATE CHIP COOKIE DOUGH**
61-75 pieces/3 lbs./$8.99

___ **3402 CHOC CHIP COOKIE DOUGH CUPS**
8-3 oz. cups/$8.29

___ **4596 CHOCO CHIP COOKIE MELTDOWN**
4-4 oz./$9.49

___ **4942 VARIETY CHEESECAKE**
8 inch/pre-sliced/$13.00

SNACKS

PICTURED – SAVE UP TO $1.00

___ **3438 40 PACK SNAP PRETZELS P. 9**
40-.5 oz. bags/~~$8.99~~ **$8.49**

___ **8858 AMERICAN CHEESE P. 9**
72 slices/3 lbs./~~$14.79~~ **$13.79**

___ **3454 DOUBLE CHOC PROTEIN BARS P. 9**
8-1.70 oz./~~$10.99~~ **$10.49**

___ **3426 FRUIT SNACKS VARIETY PACK P. 9**
28-.84 oz. pouches/~~$7.99~~ **$7.49**

___ **3409 GNT CINNMN GLDFISH® GRMS P. 9**
25-.9 oz. pouches/~~$7.99~~ **$7.49**

___ **3496 GOGO SQUEEZ™ P. 9**
18-3.2 oz./~~$13.99~~ **$12.99**

___ **3452 PB&J GRAHAMWICHES P. 9**
12-2.2 oz. sandwiches/~~$11.49~~ **$10.99**

___ **6166 QUAKER CHEWY® GRNL BR PK P. 9**
24-.84 oz./~~$9.29~~ **$8.79**

___ **3436 COLBY JACK SNACK STICKS**
24-.83 oz. sticks/$10.49

___ **3458 DRIED FRUIT MEDLEY**
Blueberries, cherries, cranberries, golden raisins. 18-1 oz./$11.49

___ **5111 FRUIT SINGLES®**
12-4 oz. cups/$10.99

___ **3480 GRANOLA SNACK PACKS** LM
16-1 oz. pouches/$9.49

___ **3451 JUMBO COUNT SWEET & SALTY MIX**
36-.5 oz. pouches/$9.99

___ **3468 MOVIE NITE MIX™**
Chocolate covered raisins, peanuts, malt balls.
1.5 lb. resealable bag/$10.99

___ **3499 STRING CHEESE**
30-1 oz. sticks/$12.49

BEVERAGES

PICTURED – SAVE UP TO $1.00

___ **8091 ARNLD PLMER® ICE TEA LMN STX P. 9**
2-30 count boxes/~~$15.99~~ **$14.99**

___ **8118 GATORADE® KID-SIZE VAR PK P. 9**
24-12 oz. plastic bottles/~~$15.89~~ **$14.89**

___ **8116 TROPICANA® ORGE JCE SINGLES P. 2**
24-8 oz. cartons/~~$15.49~~ **$14.99**

___ **8099 AriZona® CONCENTRATE - SWT TEA**
4-8 oz. cans/yields 2 gallons/$9.29

___ **8105 CUPS FOR HOPE DAILY COFFEE**
2-12 oz. bags/$16.99

___ **8107 NESQUIK® LOW FAT CHOC MILK**
24-8 oz. plastic bottles/$20.49

___ **8088 NESTLÉ® JUICY JUICE® - APPLE**
24-10 oz. plastic bottles/$19.59

SEASONINGS

___ **7282 A SALT FOR ALL SEASONINGS**
Sea salt, lemon peel, garlic & red bell pepper.
6.87 oz./$5.99

___ **7290 BROWN SUGAR BBQ RUB**
Sweet and smoky with just a bit of zip.
5.64 oz./$5.99

___ **7293 CITRUS HERB BLEND**
Citrus fruit zest and aromatic herbs.
5.11 oz./$5.99

___ **7292 GARLIC PARMESAN BLEND**
Garlic, Italian cheeses and a touch of anchovies.
3.88 oz./$5.99

CLEANSERS

___ **3702 3X LAUNDRY DETERGENT**
50 fl. oz. triple-power liquid detergent/
washes 50 loads/$11.99

___ **3704 FLOOR CLEANSER CONCENTRATE**
Suds away grime & dust. Safe for hard surfaces.
2-16 oz. bottles concentrated cleanser/
makes 32 gallons/$7.99

___ **3705 KITCHEN CLEANSER CONCENTRATE**
Breaks down baked-on buildups.
3-1 fl. oz. concentrated cleanser packets,
1-16 oz. spray bottle/makes 3 bottles/$8.99

___ **3701 STAIN ERASER WIPES**
On-the-go solution for quick clean-ups.
15 biodegradable towelettes/$6.49

ICON GUIDE

Taste for Health®
Contain no more than 300 calories, 10g total fat, & 600mg sodium per serving.

Market Day Naturals®
No preservatives, artificial flavors or colors and have 0 grams trans fat.

Microwaveable
Easily prepared with great results in the microwave.

Quick Cook
From freezer to table in 15 minutes or less.

Peanut/Nut Free
Check website for most up-to-date info.

Gluten Free
Check website for most up-to-date info.

Last Month This Season
Stock up, these items will not appear in next month's Order Guide.

USDA Choice Meat
USDA grade of Choice is known for exquisite taste and tenderness.

For nutrition and allergy information visit marketday.com

Customer Ratings
See more at marketday.com

WE'VE GONE MOBILE!
Shop online wherever you go.
Scan me with your smartphone.

☐ New customer ☐ Change of name, address, phone ☐ Add to mailing list for order guide (check all that apply) If you have questions about a product, call us toll free at (877) 632-7753 Mon. - Fri. 7 am - 6 pm and Sat. 8 am - 12 pm CST.

Last Name _____ First Name _____ **Please Fill in Total Quantity Ordered** _____

☐ Opt-In

E-mail _____ ☐ I want to volunteer.

Address _____ **City** _____ **State** _____ **Zip** _____

Home Phone ___ - ___ - ___ Cell or Other ___ - ___ - ___ Order Sheet # _____ For Chairperson Use Only

Satisfaction Guaranteed! **BL**

A PORTION OF EVERY PURCHASE GOES TO YOUR ORGANIZATION. PRICES, ITEMS & PROMOTIONS ARE CURRENT AT TIME OF PRINTING & SUBJECT TO CHANGE. ALL PRODUCTS SOLD BY BOX ONLY. ©2011 MARKET DAY CORPORATION

Fish & Seafood

Benefit from this good source of proteins, minerals and vitamins. With many options to choose from, these savory delights are perfect for a quick meal.

2041 Gourmet Stuffed Flounder
You won't flounder over this choice. Delicate fillets filled with a seafood stuffing and crabmeat. A Market Day exclusive. 6-5 oz. fillets/~~$20.69~~ **$19.69**

4058 Oven Ready Stuffed Shrimp with Monterey Jack Cheese
Tail-on, butterfly shrimp stuffed with Monterey Jack cheese, bakes up crispy and is great with salsa. 30-38 pieces per selling unit. 2-12 oz. bags/~~$14.39~~ **$13.39**

2017 Potato Encrusted Pollock
Alaska Pollock is a mild but flaky white fish that melds perfectly with the crunchy potato exterior. Just bake for fantastic results. 6-4 oz./~~$11.89~~ **$11.39**

2117 Battered Alaska Cod $1.74 per serving
A mild white flaky fish that's golden battered for that pub-style taste. Great for fish dinners, fish tacos or crispy sandwiches. 2-12 oz. Bags/~~$10.89~~ **$10.39**

2141 Garlic & Herb Shrimp
Feast upon large, tender tail-off tiger shrimp. Marinated in a mouth-watering herbed garlic sauce. Ready to devour in five minutes. 51-60 per lb./1 lb./~~$15.99~~ **$14.99**

2081 Breaded Fish Squares
A perfect fish sandwich or main dish. This all natural mild white fish sourced from Alaska, bakes up crispy and crunchy right from your oven. 5-8 pieces/21 oz./~~$11.99~~ **$11.49**

2086 Large Shrimp
These tender shrimp are full of flavor, peeled and deveined with the tail off. Simply thaw what you need. ADDITIVE FREE, farm raised. 31-40 per lb./1 lb./~~$15.49~~ **$14.49**

2189 Krispy Krunchy Cod $1.48 per serving
Crunched for time? This light and flaky N. Atlantic cod coated with golden toasty breadcrumbs makes a quick entrée. 9-3.6 oz./~~$14.29~~ **$13.29**

2405 Oven-Ready Butterfly Shrimp $1.55 per serving
Crispy and quick straight from your oven. Big butterfly shrimp bursting with flavor then breaded in a crunchy topping. 18-25 per lb./2 lbs./~~$17.99~~ **$16.99**

2129 Oven Ready Breaded Coconut Shrimp
Our tail-on butterfly coconut shrimp are seasoned perfectly so they're never too sweet. Great for snacks or serve over rice for dinner. 31-37 pieces/1.5 lbs./~~$15.99~~ **$14.99**

Make It Meatless

These no-prep entrées are a great way to join the Meatless Monday revolution. Make one meatless meal a week for your family without spending a lot of time in the kitchen.

7076 Stuffed Eggplant $1.28 per serving
Breaded slices of eggplant stuffed with ricotta cheese. Top with your own sauce. 8-3.5 oz. pcs./~~$10.69~~ **$10.19**

7148 Baked Manicotti
Teach your taste buds Italian with rolls of pasta loaded with ricotta, Romano, Parmesan & mozzarella cheeses, topped with zesty sauce. 6 manicotti/2.18 lb. tray/~~$10.79~~ **$10.29**

Peanut/Nut Free **Gluten Free**

Customer Favorites

Choose from these delicious selections that others know and love. When you don't know what to buy, let others help you.

3156 Broccoli & Cheese Stuffed Chicken Breast
The lighter side of this elegant favorite. Crispy coating, white meat chicken surrounding broccoli and cheese, yet only 6 net carbs. 8-6 oz./~~$16.99~~ **$15.99**

1202 BBQ Pulled Pork
Try pulling away from this tender pulled pork covered in a special BBQ sauce. The meatiest taste you've ever reckoned with. 2-1.5 lb. tubs/~~$16.69~~ **$15.69**

4250 Sweet Potato Medley
Warm up to roasted sweet potatoes, redskin potatoes and skin on russets. Seasoned to perfection and ready for the oven or grill. 1.5 lb. resealable bag/~~$10.49~~ **$9.99**

1113 Beef Stew Meat
Stir things up with tender lovin' chunks of choice beef. Hearty one-inch cubes are great for chili, stews and super in soup. 3-1 lb. pkg./~~$19.49~~ **$18.49**

3141 Artichoke Parmesan Stuffed Chicken Breasts
Creamy, nutty Parmesan and sunny artichokes unite to create a bright flavor center for a lightly breaded chicken breast. 4-5 oz./~~$12.49~~ **$11.99**

7054 Chicken & Dumplings
An old-fashioned recipe made new fangled fast. Dumplings nestled with tender chunks of juicy chicken, carrots, peas & flavorful gravy. 2.5 lb. pouch/~~$11.99~~ **$11.49**

4030 Buffalo Chicken Sticks 92¢ per serving
Buffalo wings taste without the mess. Seasoned with the right amount of heat, and presented in a delicious crunchy roll. Just dip and enjoy.
2.5 lbs./approx. 40 sticks/~~$13.79~~ **$12.79**

4261 Five Cheese Garlic Toast 44¢ per serving
Hearty bread topped with a blend of 5 gourmet cheeses with robust garlic, butter and parsley. Pre-sliced and ready in just 7 minutes. 16 slices/~~$7.49~~ **$6.99**

4910 Apple Blossoms® $1.45 each
Lusciously sweet apple slices under wraps. Light & flaky with a hint of cinnamon. Ready in a flash from the microwave. 8-4 oz./~~$12.59~~ **$11.59**

1316 Stuffed Pork Chops
All the right stuffing. Chops as tender as they are juicy and loaded with classic sage bread stuffing. Lean and irresistibly easy! 4-8 oz./~~$15.29~~ **$14.29**

7007 Philly Cheese Steak Kit
Authentic and delicious! Ready in less than 15 minutes. Kit includes beef steaks, rolls, diced onions & shredded mozzarella. 4 sandwiches/2.63 lbs./~~$13.99~~ **$12.99**

3073 Oriental Style Chicken with Teriyaki Pineapple Sauce
Bite-sized pieces of all white breast meat chicken take on a Far East flair. Sauce included. Faster, easier and tastier than take-out! 2 lbs. with 2-4 oz. sauce packets/~~$13.79~~ **$12.79**

USDA Choice Meat

Lunch & On-The-Go Snacks

Quick and easy solutions for packing lunches when you're in a hurry. Just throw them in the bag and you're ready to go. Good for snacks too!

3454 Double Chocolate Protein Bars
Double chocolate crisp protein bar. Filling & better for you. 180 calories. No trans fat. Ready for mom's purse & kid's backpacks. 8-1.70 oz./~~$10.99~~ **$10.49**

3438 40 Pack Snap Pretzels 22¢ each
With forty bags, you'll have enough to treat an entire classroom, party or soccer team! All natural and only 60 calories! Fat free! 40-.5 oz. bags/~~$8.99~~ **$8.49**

3426 Fruit Snacks Variety Pack
Fruit kids can't resist. Two great, chewy, fat free varieties made with real fruit juice. Includes Mott's™ and Orchard Fruit™. 28-.84 oz. pouches/~~$7.99~~ **$7.49**

8118 Gatorade® Kid-Size Variety Pack
Specially formulated to quench deep thirst like pro athletes. Berry, strawberry and grape. No caffeine, low sodium. 24-12 oz. plastic bottles/~~$15.89~~ **$14.89**

8858 American Cheese
Our customer's favorite brand is back! Creamy deli quality 100% real cheese slices that are great for burgers, grilled cheese & snacks. 72 slices/3 lbs./~~$14.79~~ **$13.79**

3452 Peanut Butter & Jelly Grahamwich 92¢ each
Smooth and creamy peanut butter and grape jelly layered in between crispy graham cracker wafers. Individually wrapped, great for lunch. 12-2.2 oz. sandwiches/~~$11.49~~ **$10.99**

3496 GoGo SqueeZ™ Applesauce 73¢ each
Nothing but apples in an easy-to-go pouch. Fun snack for kids of all ages! No refrigeration, no spoon, no mess and no added sugar! 18-3.2 oz./~~$13.99~~ **$12.99**

3434 PB&J Squarewiches®
Great for kids of all ages. Creamy peanut butter & gobs of all natural grape jelly inside a soft, whole grain white crustless sandwich. 8-2.7 oz./~~$9.99~~ **$9.49**

6166 Quaker Chewy® Granola Bar Variety Pack
8g whole grains. No high fructose corn syrup. 8 of each: chocolate chip, peanut butter chocolate chip and S'mores. 24-.84 oz./~~$9.29~~ **$8.79**

8091 Arnold Palmer® Iced Tea Lemonade Stix 25¢ each
Half iced tea and half lemonade drink made easy in any 16.9 oz bottle of water. No preservatives, artificial colors or flavors. 2-30 count boxes/~~$15.99~~ **$14.99**

7680 Chocolate-Chocolate Chip Cakes 94¢ each
Please your sweet tooth with an overdose of rich chocolate chips buried in moist chocolate cake. Just minutes from freezer to fingers. 12-2 oz. individual slices/~~$11.69~~ **$11.19**

7065 Smoked Ham & Provolone Pretzel Sandwich
This hearty Bavarian Pretzelwich is perfect for a tasty grab and go lunch or fast dinner-better than the drive through. 6-5.8 oz./~~$15.29~~ **$14.29**

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Shop online wherever you go.
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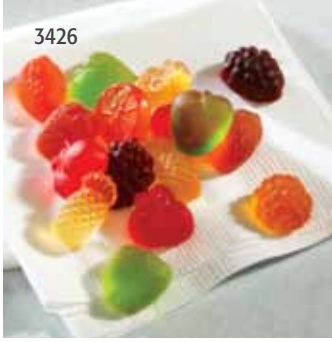
Prices valid for sale dates 1/29/12 – 2/25/12.

3454

3438

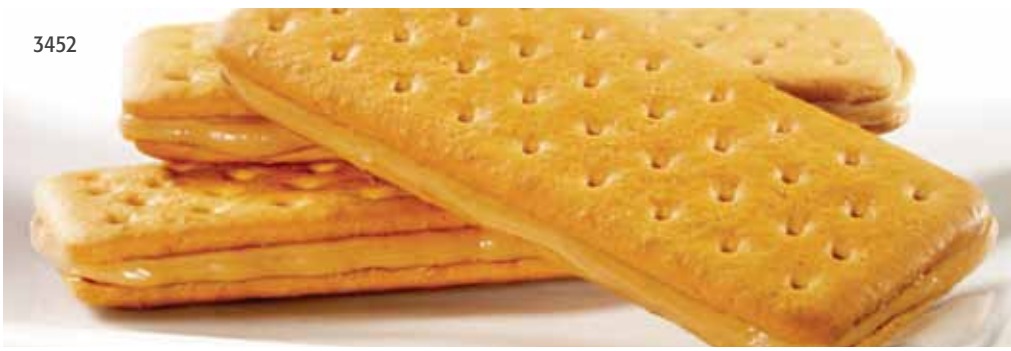
3426



8118

8858 | **100% REAL CHEESE**

3452



3496 | **NO SUGAR ADDED**

3434

6166

8091

7680

7065

EGG FREE!

FREE 4 Pack of Cookie Dough Cups

with $40 purchase*

"This product is soooo yummy! It tastes just like cookie dough only you are safe to eat it. I recommend this product to all cookie dough lovers!" –St. Charles, IL

PLUS

FREE 1 lb. of Chicken Gems

with $90 online purchase*
Promo Code: **FEBBONUS**

Kid favorite! Dip in ranch, honey mustard or BBQ sauce.

ONLINE ONLY!

*Purchase requirement before tax. Limit 1 free 4 Pack of Cookie Dough Cups and 1 free 1 lb. of Chicken Gems per qualifying customer. Chicken Gem offer only valid for orders placed at marketday.com using promo code at checkout. Promotion not available in Market Day/Sara Lee stores, or on Peapod orders. No substitutions. Promotions subject to change or termination without notice.

EAT WELL FOR LESS

$3.04 per serving

SHOPPING LIST

2074 Tilapia Fillets (5-8 fillets/1.5 lbs.)	$12.79
8189 Baja Roasted Corn Blend (2 lb. resealable bag)	$8.99
Total:	$21.78

SEE RECIPE AT MARKETDAY.COM/BAJAFISHTACOS

HOLDS UP TO 24 SODA CANS!

- Insulated
- Zipper Closure
- Reinforced Handle
- Large Tapered Shape: 22"w x 11"h x 10"d
- Great for the pool, beach or picnics

Freequent Buyer®

Buy 3 Times– Earn a FREE Cooler Tote!

Make two purchases of $40* between February and April. Then place a third order of $40* in May to receive a FREE Cooler Tote at your May sale pick-up.

*Free Cooler Tote with qualifying purchase; purchase amount is calculated after applicable discounts/coupons and before tax. Market Day may substitute a free item of equal value if quantities of cooler totes are depleted. Not valid at Market Day/Sara Lee stores or on Peapod orders. Limit 1 qualifying order per customer per promotional period. Promotion effective for pick-up dates 1/29/12-5/26/12. Promotion subject to change or termination without notice.

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3. CHECKOUT Submit your order.

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